



In this issue ...

ORGANIZATIONAL

Last Month at RSPS	1
Commander's Corner	1
Executive Committee	2
Treasury Notes	3

CIVIC SERVICE

Executive View	3
Vessel Safety Checks	4
FAST	4

EDUCATIONAL

Education Log	5
-------------------------------	---

SOCIAL

Administratively Speaking	5
Upcoming Events	5

FLOTSAM AND JETSAM

Food and Fun	6
Membership Renewals	6
March Birthdays	
Around the Squadron	6
News from National	7
New Photo App	7
Past Commander	7
Job Opening	8
The Option of	
Submerged, Water-	
Inflatable Navigation	8
Locks	
Benefits of Volunteering	11

Last Month:



We celebrated change we rejoiced with old friends, and we looked forward together.



Commander's Corner

Cdr Brian Reed, JN

What is going on? Things are getting crazy here. I received a newsletter from the national education department last weekend. Here I am all worried that we're the only organization doing the ABC name change and BAM, this newsletter makes me think I'm not changing fast enough. The first thing I noticed was the America's Boating Club logo prominently displayed. Then the first article was about the release of America's Boating Channel (<http://americasboatingchannel.com/>). It contains all those slick six minute professionally created training videos in one spot. There are currently about 25 of them. This web page has the ABC logo only. No sign of the traditional USPS logos.

The next article said they are renaming all the courses so the names make sense. Whaaaaat? Seamanship becomes Boat Handling. Piloting becomes Marine Navigation. Advanced Piloting becomes, well, Advanced Marine Navigation. Junior Navigation becomes Offshore Navigation and lo and behold,

RSPS Web Site:

<http://www.abcrockville.org/>

RSPS Facebook Page:

<http://www.facebook.com/pages/RSPS>

For Boaters, By BoatersSM

PUBLISHER'S STATEMENT

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March 2018

2017-2018 RSPS Executive Committee

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classes have been formatted as seminars, so each would stand on its own or could be taken together for the full course completion. Boat Handling would be six seminars starting with Rules of the Road and ending with Knots and Line Handling. This is almost customer friendly.

At the bottom of the page was an article about student course manuals soon to be available in eBook format. This will be PDF's that are the same as the hard copy books. I had to sit down. eBooks? Us? I was woozy.

Then it happened. I flipped to the back page and there was proof that I was not in an alternate universe. All ED-7892486 forms have to be submitted to the national and district officers in order to approve your local education offers in a rubber stamp procedure that has no purpose. Whew, I was worried for a second. I mean, I'm excited about this ABC change but it was almost too much for me. I needed something to ground me and this was it. Not everything is changing, and I think I'm OK with that.

Now for your public service announcements, we've got two seminars coming up. "How to Buy a Boat" 6 March and "Spring Commissioning" on 29 March (date changed, not the 27th). Also, we've got the Change of Watch luncheon on 10 March. Come see me get fired and congratulate Gil and the new bridge on their new jobs. Finally, a Sock Burning is scheduled for 24 March. For details on all of this and more, see the website calendar. It is has the latest information, right down to room numbers for classes, for the second month in a row!

[CONTENTS](#)

***For Boaters,
By BoatersSM***



March 2018



Treasury Notes Lt/C Jeff Cornish, AP

West-Rhode Riverkeeper Jeff Holland entertained and enlightened 24 ABC Rockville members at the Far East Restaurant in February. Bill Stuart won the 50-50 drawing and promptly donated his share to support the work of Jeff and his team.

Your new ExCom is planning another year of great programs and budgeting to pay for them. The Squadron fiscal year begins April 1.

National has raised dues \$2 for individuals and \$3 for families. There's no change to district or RSPS dues or the Education Fund assessment. The new combined rates are \$96 individual and \$141 family for renewals and \$109 individual and \$150 family for new members.

Questions (and volunteers) are always welcome at treasurer@rspsonline.org.

[CONTENTS](#)

NEW 2018-2019

MARYLAND/VIRGINIA CRUISING GUIDES

Williams & Heintz Maryland and Virginia Cruising Guides available at \$35 each or the set for \$68 at RSPS events or treasurer@rspsonline.org.

RSPS SHIP'S STORE

Order squadron logo wear online. Extensive selection available. Visit <https://rsps.qbstores.com/home>. Or look for Ship's Store under About RSPS at rspsonline.org.



Fly an RSPS burgee on your vessel! You can get one for \$30 at RSPS dinners or through Jeff Cornish at jeffcornish301@gmail.com



Do you shop at Amazon.com? You can designate the **Rockville Sail and Power Squadron** as your Amazon Smile charity. Click the Amazon Smile button in the left column at www.rspsonline.org for details.

[CONTENTS](#)



Executive View Lt/C Gilbert Rose, P

This is my last message to you as your Executive Officer, and it has been a privilege to serve you in this capacity. With no good deed going unpunished, I have been selected to be your Commander for the coming year and I will do my best to offer a way forward to continue the great work we do and deal with the challenges we face as a club.

With every passing year, as a club member, I am impressed with the breadth of knowledge that many of our members possess and the willingness they have to share their experiences to those who know less but want to learn more. Like many endeavors, there is the book learning part and then there is the hands-on part, both equally important to mastery. The beauty of this organization is that it can provide both to our members. Don't underestimate the power of that!

I have asked some of you for your feedback as to where the club should go from here and largely you have responded and provided thoughtful suggestions. Thank you! Many of these suggestions will be taken-up by workgroups that I will form this spring, and while this idea is still in the formulation phase some, of you have already agreed to be a part of that as well...again, thank you!

It is important to remember that we are not alone in working hard to make a good organization run, and let

[CONTENTS](#)



March 2018

me give you an example. There is another organization that we work with that has its “issues” as well. Would it surprise you to know that a check we wanted to give them has gone uncashed for months, and trying to track down their treasurer, and our check, proved to be a very difficult job indeed? On one hand, it is very frustrating to spend many hours of time trying to give them our money, but on the other hand, the volunteer work they do for the community is well worth it! Alas, we can only wish them well in their getting their own act together, as they would wish us the same.

So, as the days now grow longer it won’t be long before we are back in the boatyard getting ready for another boating season, and another year of cherished memories made. I can’t wait to burn those socks!

[CONTENTS](#)



Vessel Safety Checks
Stf/C Jeff McKinney, JN-CN
VSC Chair

March means spring is just around the corner, and many of you are getting that itch to get ready to go boating. Include having your 2018 VSC done in your plans. Our team is ready to go when you are.

As part of our preparations we will be holding what has now become an annual event: the VSC Refresher training and Bagel Breakfast. This will be held on 17 March from 0900-1300. If you are interested in becoming a Certified Vessel Safety Examiner, please let me know right away and I will provide you with more information.

Jim Brown remains hard at work in sunny, *WARM*, Florida (it was 85 last week!). He already has over 60 exams done, and keeping me busy restocking his decal supply. Good thing there are a LOT of boats in Florida. Speaking of Florida, I just got back from the Annual Meeting and as suspected, there are no changes to what we are already looking for on your boat. If you are not sure what is needed, follow this link to do a “Virtual VSC”. <http://wow.uscgaux.info/content.php?unit=V-DEPT&category=virtual-safety-check> If you have a question about something give one of the examiners a

shout. We will be glad to help.

You have probably heard about the big fire extinguisher recall by the Kidde Company. The USPS Member page has a direct link to the Safety Committee web page with all sorts of details.

<https://www.usps.org/index.php/departments/12000/12900>

If you have any questions I’m just an email away. jmckinney2606@gmail.com

[CONTENTS](#)



First Aid Support Team
Stf/C Jeff McKinney, RN, JN
Medical Officer, RSPS

Huzzah! Spring is finally starting to show interest in our part of the world. 65 degrees on 28 February bodes well for better weather and lower chances for freezing precipitation.

Still want to go boating? It still might be a bit early. The bay water temp is below 50. Better, but this means you MIGHT survive 45-60 minutes in the water. Source: http://ussartf.org/cold_water_survival.htm.

Thanks to Alan and Arlene Karpas, Paula Sind-Prunier (our newest CPR Instructor), and Gil Rose for putting on a highly successful CPR/First Aid class last month. And a big THANK YOU to those who completed the training! Hopefully, you will not need to put the training to use, but it is good to know you are ready in case you do.

If you are working on your boat please be careful and wear shoes with proper traction. Cold decks can have a lot of nearly invisible condensation in the morning. Slipping and falling on it is no fun.

[CONTENTS](#)



March 2018



Education Log

P/C Dennis Krizek, AP

Lastly, I cannot express my sincere gratitude enough to all of our members and board who assisted me this past year. Thank You.

[CONTENTS](#)

This is my last entry in the Education Log for I am returning to the slip to welcome Jon Griffin aboard and turn over the helm. In January I remarked that our instructors contributed upwards of 150 hours in the classroom. Multiplying this number by the number of students that took time out of their sometimes hectic lives to increase their boating knowledge and skills is impressive. I thank each and every one that participated in the education program this past year and I look forward to helping Jon as he plots the future course of the Education Department.



Make sure to put these very important dates on your calendars. Some of the best times and greatest memories are made during these events! For additional information (times/addresses) Please check the website at www.abcrockville.org

[CONTENTS](#)



Administratively Speaking

Lt Paula Sind-Prunier

Frank & Suzanne Mummert will be the speakers at the 11 April Dine & Learn at Nantucket's Reef. The Mummerts just returned from a trip on the ICW, and will have lots to tell. Details to follow in the next *Skipjack*.

This month is the Change of Watch, Sat. 10 March, at Sheraton Rockville, 920 Kings Farm Blvd. festivities begin at 11:30 am. There will be a buffet followed by a "lite" presentation and COW ceremony... the emphasis will be on friendship, fellowship, food, and getting back out on the water, keeping the formal ceremonial stuff (the "stuffy stuff") to a minimum.

Our Annual Sock Burning is scheduled for Saturday, 24 March, at my house. Several members will also be attending the Safety at Sea Seminar in Annapolis that day, so the Sock Burning will start at 7 pm. We also MIGHT have a celebrity guest...we will have a great time. Grilled meats will be provided; BYOB and a side dish, appetizer, or dessert to share. Evite with details will follow.

[CONTENTS](#)

Upcoming Events

2018

- MAR** 6 Mar
6 How to Buy a Boat
- MAR** 8 Mar
8 Americas Boating Course III - 8 Hour
- MAR** 10 Mar
10 Change of Watch
- MAR** 24 Mar
24 Sock Burning
- MAR** 28 Mar
28 ExCom Meeting
- MAR** 29 Mar
29 Spring Commissioning, getting your boat ready for summer
- APR** 11 Apr
11 Dine & Learn @ Nantucket's Reef
- MAY** 19 May
19 Day on the Bay
- JUN** 16-17 Jun
16 Father's Day Raft Up



March 2018



RSPS Food and Fun

Gen McGlothlin Peterson, Editor
Corned Beef and Cabbage



March Birthdays

Yea – cause it’s a holiday full of fun! And there are no carbs.....Crock Pot style.



Ingredients:

- 2-1/2 – 3 pounds corned beef Brisket
- 1 large onion, chopped
- 3 cloves garlic, minced
- 3 bay leaves
- black pepper, to taste
- 1 large head of cabbage -cored
- Beef stock to cover

Directions:

1. In a crock pot, place onion, garlic, and bay leaves.
2. Core the cabbage, slice in half, and then slice thin strips.
3. Place over onion and garlic in crock pot.
4. Rinse corned beef brisket, place on top.
5. Add enough beef stock to cover.
6. Place lid on crock pot. Set to medium and allow it to cook overnight. (4 -6 hours)
7. Serve with roasted veggies, or roasted potatoes.

[CONTENTS](#)

Membership Renewals

Received a renewal notice from National recently? Renew online with your certificate and invoice numbers. Your prompt renewal from the email saves trees, fuel, and the cost of mailing a renewal notice.

<http://www.usps.org/dues/>

[CONTENTS](#)



Around the Squadron

As most of you know, our Editor doesn't live locally and handles our newsletter from her home in Georgia. Once in a blue moon Gen and her husband, Stephen, still come "home" for a visit. One such fly by visit happened in late February and few of us were able to join them for dinner.





March 2018

SOME NEWS FROM NATIONAL

Districts to Appoint Environmental Coordinators

Part of the mission of United States Power Squadrons is taking action to protect the environment. Each district and squadron commander is encouraged to appoint an environmental coordinator to lead their members regarding clean and green boating habits. At the national level we encourage feedback and ideas on ways to make the water a better and cleaner place. Inland squadrons are encouraged to adopt an area along nearby rivers or lakes to keep clean and free of man-made debris. Coastal squadrons are encouraged to adopt a section of the coast to keep clean and free of man-made debris as well as removing any man-made items from the water. Let's work together to make the water a better place.

[CONTENTS](#)

NEW PHOTO SITE FOR OUR MEMBERS USE

Lt. Chris Smith
Member at Large

Everyone knows that Rockville Sail and Power Squadron America's Boating Club has a Facebook page, right? Well now we have a **FLICKR** site! This is a great way for all club members to share photos easily.



If you have a **FLICKR** site, you already know the many advantages of it, but let me go over just a few here for the newbies. First off it's free, so no club funds are involved.

You can share the fun photos that you'll take on your boat for the 2018 "Day on the Bay," which is May 19th. It's easy to upload the photos, and from there you can add captions and tags, and control who sees the images. We have 1 Terabyte of storage, so it's a convenient way to store your pics...You'll thank yourself if your cellphone goes for a swim.

We all have a camera at the ready and take a ton of photos, so this makes it a breeze to share with club members and family and friends (and to me this is one of the best things about **FLICKR!**), and to show off your

work and your vessel. This can also benefit the club because we are always looking for photos for the *Skipjack*, used with your permission, of course.

Because this is an online resource, the site will be handed from Bridge to Bridge and will always grow, versus a box of members' photos that gets lost.

To upload photos, contact me at chrisphoto1@yahoo.com, and I'll send you the login and password so you can start uploading. Currently we have photos from the 2017 Picnic and Safety Demonstration. Stop by and take a look, and Follow Us. The address is <https://www.flickr.com/photos/158352335@N04/>

Who will be the first to add?

[CONTENTS](#)



Past Commanders Corner

PC Julien P. Hofberg, JN, IN, VE

I sit here at the computer with mixed emotions, trying to write another article for the *Skipjack*. The good news is that after this one, the pressure is off and I don't HAVE to write anymore, but I can still send in contributions because Gen said they are welcome, whenever I feel like writing.

Our last ExCom meeting showed the enthusiasm and ideas that the new ExCom members are bringing to the table. Yes, there are some new faces and some new energy. There appears to be a certain vitality that showed up when we opened up the new banners with the new logo and name . . . America's Boating Club Rockville.



March 2018

Now let's go out and spread the word that we are back and better than ever!

The ExCom meetings are held once a month, and are open to all members. You can come enjoy some friendship and socializing, and as always, get suggestions and answers from some knowledgeable people, just like at our General Meetings. Some differences are that the group is smaller, so you can get a nice discussion going and receive different opinions. This holds true in the meeting as well. All views are heard and sometimes we aren't all in agreement. The best result is that we figure it out. New voices are truly welcome and the decisions about where we are going as a Club (aka Squadron) is a topic that we are constantly working on as it evolves. This isn't our father's squadron, but rather it is our Club and we are taking it into the future.

When you come to an ExCom meeting, come with an open mind and don't be afraid to raise your hand. We value your opinion, and there is no such thing as a bad or stupid question. New ideas are what we are really looking for. We can try it!

The meetings are held at a restaurant, usually with a private room or area that we can use. We generally have a social (cocktail) hour starting about 6:00, start the meeting about 6:30, interrupt to order dinner, continue the meeting, break to eat, and then resume with coffee and/or dessert. We are finished by 9:00 usually, with a little bit later on some rare occasions. We have also held meetings at someone's house, rather than a restaurant. C'mon out. All we ask is that you let the Commander or someone on the ExCom know that you are coming so that we can ensure there is a seat for you. If you would like to be notified by email or phone, tell the Commander or someone on the ExCom and we will be sure to remind you.

The boating season is getting closer. Remember that March goes out like a lamb, we get some shower activity in April, and then everything is blooming in May and we are on the water. Get your Vessel Safety Check early and avoid the big rush. If you check the calendar here in the *Skipjack* or on the Website, you will see that we have a good plan for on-the-water activities this year. We need you to join us, with or without your own boat. The first event is the "Day-on-the-Water" on May 19. There is an article in this issue about it. We welcome all to join on

the water and at the get-together afterwards. Volunteer boats, crew, and passengers are welcome.

Hope to see you at the Change-of-Watch on 10 March.

[CONTENTS](#)

JOB OPENING

Administrative Officer - Reports to Commander. Responsible for developing Boating Activities, Meetings and Programs as well as Entertainment. Writes one article a month for the newsletter, attends EXCOM meetings. CONTACT ANYONE ON THE BOARD. Contact info on Page 2, left side.

VOLUNTEER

TESTOMONIAL from Paula Sind-Prunier, current AO:

"I can honestly say it has been a wonderful opportunity to meet people who share my interests in sailing and boating, and I promise to stay on to mentor and assist them in any way I can."

[CONTENTS](#)



The Option of Submerged, Water-Inflatable Navigation Locks

Navigation locks installed along inland waterways can serve the combined purpose of a control dam as well as allowing vessels to transit between different elevations of waterway. While the energy sector has developed gigantic inflatable plastic bags for energy storage, the technology can be adapted to operate as submerged navigation locks.

[CONTENTS](#)



March 2018

Introduction

Weather conditions that have change the amount of precipitation in a given watershed region have also affected navigation along inland waterways. On sections of the Mississippi system, too much water and too high water levels has on occasion led to the suspension of commercial waterway navigation. When water levels are low, vessels are required to rail at part-load and with significant increases in transportation cost per container or per ton of bulk freight.

Over 1,000 years ago, the hydraulic engineers of the Mayan Empire developed a method to assure moderate and steady water flow at the lower elevations of rivers. Some highland watershed regions of their empire received generous rainfall that resulted in downstream flooding of fertile land. They built a series of rock dams at high elevation, along the tributaries of major rivers that at lower elevation, flowed through their agricultural areas. The result was the cessation of seasonal flooding of the lowland areas, with greatly extended periods of more steady and more constant water flow.

The development of giant inflatable plastic bags that can be anchored to a river floor provides a method by which to regulate water flow along navigable waterways, to assure sufficient navigation depth.

Candidate Waterway

There may be scope to install submerged and inflatable “navigation locks” at several locations along the waterway that connects North America’s Upper Great Lakes to the Atlantic Ocean. The main purpose of installing such technology would be to periodically reduce the volume flow rate of water at selected locations. During early 2017, water levels had risen to record levels in Lake Ontario and threatened to temporarily suspend shipping along the Seaway. At the same time, water levels in the Upper Great Lakes were regarded as being lower than the long-term seasonal average.

There are two locations on the Upper Great Lakes where submerged, supersized, water inflatable bags could be installed to reduce channel cross sectional area and in turn reduce the volume flow rate of water flowing downstream. The western most location would be the narrow channel between Lake Michigan and Lake Huron

at Strait of Mackinac Bridge, with the second location being at the exit of Lake Huron and entrance into the St Clair River upstream and downstream of the Bluewater Bridge, to periodically reduce overnight winter time water flow rate to below 100,000 cfs.

Niagara Power Generation

While ship transport along the St Lawrence Seaway and on the Upper Great Lakes is suspended during the winter months, demand for electric power is also as a season low. Peak demand for electric power occurs during the summer months when ample navigation depth is required for shipping and Niagara Falls tourist region enjoys a peak of tourist and visitor traffic. A control dam is located upstream of Niagara Falls and during the wintertime off-peak season, can greatly reduce the volume of water that would otherwise flow over Niagara Falls.

Outside of the overnight off-peak period, the hydroelectric power stations require a daytime peak water volume flowrate of 110,000 cfs. During winter while demand for electric power is at a seasonal low, thermal power stations located around the Upper Great Lakes could provide much of the electric power, with hydroelectric power dams supplementing the market demand. Also during winter, the use of water flow rate reduction upstream of Niagara Falls during winter could assure ample water for peak summer time hydroelectric power generation at several locations along the Seaway between Lake Erie and Montreal.

Lower St Lawrence River

There appears to be scope to install pumped inflatable at two locations along the Lower St Lawrence River, outside of the ship navigation channel between the piers of the bridges at Three Rivers and at Quebec City. The main objective would be to reduce total channel cross-sectional area at these locations, to reduce water volume flow rate to assure navigation depth between Port of Montreal and the Gulf of St Lawrence. The shallow section of the river is located upstream of Quebec City. A minor increase in navigation depth could allow for additional containers aboard container ships.

A combination of upstream and downstream submerged inflatable bags spread a few nautical miles apart, could function like navigation locks. As a ship approaches, the

[CONTENTS](#)

[CONTENTS](#)



March 2018

closest bag would be deflated to a depth below the ship keel. As the ship stern clears the bag, it would be pumped to capacity as the companion bag is deflated to below the depth of the ship keel. On the Lower St Lawrence River, while there could be continual pumping and deflating of water-pumped inflatable bags, such an installation could be viable based on additional containers carried aboard ships.

Conclusions

- The waterway between Lake Erie and the Lower St Lawrence River sustains both vessel navigation as well as hydroelectric power generation.
- During Summer, the combination of peak maritime traffic, peak electric power demand and peak tourist season at Niagara Falls all occur simultaneously.
- During winter, the combination of minimal Niagara tourism, minimal commercial maritime operation and minimal season electric power demand all occur simultaneously.
- During winter and especially during the overnight hours, there is scope to reduce water volume flowrate from Lake Michigan into Lake Huron and from Lake Huron into the St Clair River Pumped, water-inflatable super-size plastic bags may be installed at numerous locations along the waterway between the Upper Great Lakes and Gulf of St Lawrence.
- On the Lower St Lawrence River, inflatable bags installed at strategic locations could increase navigation depth and allow container ships to carry additional containers per voyage, to and from Port of Montreal.

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Valentine, Harry. "The Option of Submerged, Water-Inflatable Navigation Locks." *The Maritime Executive*, 10 Feb. 2018, 18:52, <https://maritime-executive.com/editorials/the-option-of-submerged-water-inflatable-navigation-locks#gs.9nr2gQY> .

[CONTENTS](#)

The Benefits of Volunteering Being in Service

Lt. Gen McGlothlin Peterson, Editor

To be of service as a volunteer is to become bigger than the way we normally see ourselves. Our attention shifts. We set aside our preoccupation with ourselves and turn our focus outwards, towards others.

Being a volunteer through an organization is really no different. We expand our sense of the "club" beyond the narrow interests of a member, and turn our gaze outwards to the many people with a stake in the impact our work has in the community.

Value creation is the essence of service. Value is what attracts and retains members. It's also what attracts and maintains relationships with other stakeholders who are critical to the club's success over time. An organization that does not create value will eventually fail.

Mission is the real reason organizations exist in the first place; it's what brings meaning to the work, the overall effort, the hours and the outcomes. Research shows that members of organizations with a strong sense of purpose are more likely to believe their organization are doing well across a wide variety of measures than members in organizations without that sense of purpose. This confidence in the organization is a powerful magnet when it comes to attracting quality members.

More than that though, when organizations learn to wield efforts in service to more meaningful ends, they can do amazing things. By harnessing the energy engine of an active member base organizations can have a huge societal and ecological impact, and that's what gets members so excited about social enterprises and initiatives.

Perhaps the first and biggest reward people get from volunteering is the satisfaction of incorporating service into their lives and making a difference in their community and country. The intangible rewards such as pride, satisfaction, and accomplishment—are worthwhile reasons to serve. In addition, when we share our time and talents we:

- Solve Problems
- Strengthen Communities
- Improve Lives
- Connect to Others
- Transform Our Own Lives

Comparisons of the health benefits of volunteering for different age groups have also shown that older volunteers are the most likely to receive greater benefits from volunteering, whether because they are more likely to face higher incidence of illness or because

[CONTENTS](#)



March 2018

volunteering provides them with physical and social activity and a sense of purpose at a time when their social roles are changing. Some of these findings also indicate that volunteers who devote a “considerable” amount of time to volunteer activities (about 100 hours per year) are most likely to exhibit positive health outcomes.

Here are five surprising benefits of volunteering:

1. Volunteering time makes you feel like you have more time. Wharton professor Cassie Mogilner wrote in the Harvard Business Review that her research found those who volunteer their time feel like they have more of it. This is similar to other research showing that people who donate to charity feel wealthier. Said Mogilner: “The results show that giving your time to others can make you feel more ‘time affluent’ and less time-constrained than wasting your time, spending it on yourself, or even getting a windfall of free time.”

2. Volunteering your skills helps you develop new skills. In my experience, skills-based volunteering is an excellent opportunity to develop talents to help you get ahead in your career. In fact, an article in Stanford Social Innovation Review called skills-based volunteering overseas “the next executive training ground.”

3. Volunteering your body helps you have a healthier body. A Corporation for National & Community Service report noted: “Research demonstrates that volunteering leads to better health... those who volunteer have lower mortality rates, greater functional ability, and lower rates of depression later in life than those who do not volunteer.” The fact that volunteering has been proven to make you healthier is reason enough to engage in pro bono activities. For more information on this, read [“Can Volunteering Lower Your Risk of Heart Disease?”](#)

4. Volunteering your experience helps build your experience. We consistently see this with highly skilled professionals like investment bankers and business consultants. Also, volunteering in a new industry will give you knowledge to help you switch fields. And if you want to move from the corporate world to the nonprofit sector, volunteering first can help prove your commitment.

Beyond the afore mentioned research, [The New York Times](#), [The Wall Street Journal](#) and [Next Avenue](#) have published articles about how volunteering can help

younger members earn their next job. As the Journal wrote: “According to the survey of 202 human-resource executives, skilled volunteer work — such as helping a nonprofit with its finances — makes job applicants look more appealing to hiring manager.”

5. Volunteering your love makes you feel more love. Admittedly, love is a hard thing to measure. But when researchers at the London School of Economics examined the relationship between volunteering and measures of happiness, they found the more people volunteered, the happier they were. Volunteering builds empathy, strengthens social bonds and makes you smile, all factors that increase the feeling of love.

So when the calls come for help, when a volunteer ad is placed, when a request for a second or even third set of hands to make the work lighter is made, won't you feel better if you answer that need? Be more beneficial to the Squadron, please consider all you've read. You can make a difference, even in small ways, to improve and assist us in succeeding as a Squadron.

“Service to others is the rent you pay for your room here on earth.” - **Muhammad Ali**

[CONTENTS](#)

AMERICA'S BOATING CLUB
For Boaters, By Boaters™



SAVE THE DATE

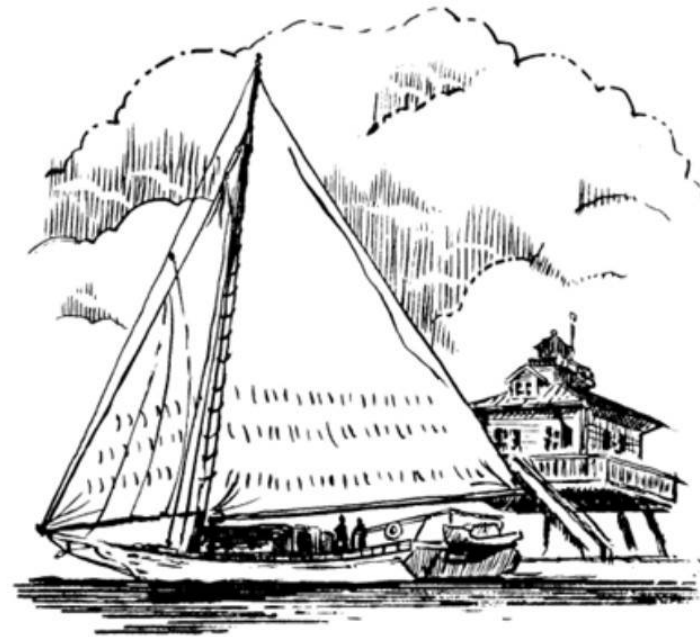
Change of Watch - 10 March

Sheraton Rockville
11:30 Social
12:30 Lunch
1:15 Ceremony
2:00 Dessert
Cost is \$35

Rockville Sail and Power Squadron
4315 Elm Street
Chevy Chase MD 20815



THE SKIPJACK



ROCKVILLE SAIL AND POWER SQUADRON
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